



CLUB PROGRAMME



To Book

Class	Day & Time	Coach & Court	Level	Price
Technical Class	Monday 10.30-11.30am	Josh Indoors	All Levels	£10.00 Members £16.00 Non Member
Cardio Tennis	Tuesday 9-10am	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member
Mixed Coaching	Tuesday 10-11am	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member
Adult Coaching	Tuesday 6-7pm	Josh Indoors	All Levels	£10.00 Members £16.00 Non Member
Breakfast Coaching	Wednesday 7-8am	Adam Indoors	Advanced	£6.00 Members £12.00 Non Member
Cardio Tennis	Wednesday 9-10am	Josh Indoors	All Levels	£6.00 Members £12.00 Non Member
Mixed Coaching	Wednesday 10-11am	Josh Indoors	All Levels	£8.00 Members £14.00 Non Member
Cardio Tennis	Wednesday 12-1pm	Mo Indoors	All Levels	£6.00 Members £12.00 Non Member
Improvers & Intermediate Coaching	Wednesday 6-7pm	Adam & Mo Indoors	Improvers & Intermediate	£6.00 Members £12.00 Non Member
Beginners Coaching	Wednesday 7-8pm	Adam & Mo Indoors	Beginners	£6.00 Members £12.00 Non Member
Adult Coaching	Thursday 9-10am	Josh Indoors	All Levels	£8.00 Members £14.00 Non Member
Mixed Coaching	Thursday 10-11am	Adam Indoors	All Levels	£6.00 Members £12.00 Non Member
Breakfast Tennis	Friday 7-8am	Adam Indoors	Advanced	£6.00 Members £12.00 Non Member
Cardio Tennis	Adam Indoors	Friday 6-7pm	All Levels	£6.00 Members £12.00 Non Member
Cardio Tennis	Josh Indoors	Sunday 9-10pm	All Levels	£6.00 Members £12.00 Non Member
Cardio Tennis	Adam Indoors	Sunday 10-11am	All Levels	£6.00 Members £12.00 Non Member